

amaranth spa

by HARNN

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Like the tall, elegant amaranth flower, Amaranth by HARNN at Kimpton MAA-LAI Bangkok stands out among the concrete jungle in Bangkok as an oasis of serenity. Smart and sustainable, Amaranth by HARNN mix and matches green, local products with modern cosmetology. With ancient therapy wisdom and the latest technology, every spa journey is one of a kind.

Designed to engage each of the five senses, every spa experience is soothing and enchanting. A tangy sip of mocktail to ease your mind. An aromatic blend of essential oils to set the mood. The healing touch of therapists on your porcelain skin. The time seemingly stops at Amaranth by HARNN. You relax, revitalize and recharge in this timeless space.

Live glamorously,  
indulge in many whims and fancies.  
Your journey to the spa of pleasant surprises  
begins here...

# amaranth signature



## The Amaranth Fantastique

200 MINUTES / THB 8,900++

- AMARANTH FOOT RITUAL 20 MINUTES
- AMARANTH BATH RITUAL, 30 MINUTES
- YOUR CHOICE OF BODY SCRUB, 90 MINUTES
- YOUR CHOICE OF SIGNATURE BODY THERAPY, 60 MINUTES
- AMARANTH SIGNATURE FACIAL THERAPY,

A multi-sensory experience that'll melt away your everyday stress with all-natural goodness. The Amaranth Fantastique begins with an emollient foot soak and a warm bath. The organic therapeutic essential oils, exotic herbs and amaranth floral petals will immediately relax you and ease you into the exfoliating body scrub of your choice. It's all about removing dead skin cells and restoring your skin's natural radiance.

Select a signature body therapy that suits you, and allow us to relieve any uncomfortable build-up of tension in your muscles. After we unknot the blockages in your energy flow, the special gem therapy follows. It helps lift your facial muscles and return your eternal youth. The Amaranth Fantastique then ends with an amaranth-scented ritual, where you're invited to stay and linger as long as you wish.

## The Office Syndrome Fighter

120 MINUTES / THB 5,500++

- FOOT BATH RITUAL
- ORIENTAL HERBS BODY SCRUB, 30 MINUTES
- LUMPINI FIGHTING MASSAGE, 90 MINUTES

Think traditional Thai massage strength-building stretches that originate from muay Thai and Thai martial arts. Fight the common office syndrome and rid the muscle aches and stiffness. The aromatic foot ritual first sets the pace for the Thai massage. The HARNN massage oil gives stress a real punch with its betel leaf essence. It'll lift your spirits and help you fight fatigue. This powerful treatment will help invigorate the overall energy flow of your body.

## The Signature

120 MINUTES / THB 5,900++

- FOOT BATH RITUAL
- ORIENTAL ROSE SKIN PURIFYING SCRUB, 30 MINUTES
- LYMPHATIC DRAINAGE MASSAGE, 60 MINUTES
- EXPRESS FACIAL THERAPY, 30 MINUTES
- HAIR NOURISHING

An experience that'll leave you feeling free like a butterfly. The skin purifying scrub is a swirl of oriental rose essences and coenzyme Q10. It'll help tighten your pores and boost skin elasticity. The lymphatic drainage massage will help you remove toxins, reduce bloating and improve your overall energy flow. The touch of natural oils with juniper extract will nourish your skin with antioxidants and astaxanthin. This beauty journey then ends with an express facial treatment using HARNN's facial care products. Scented with native water lilies, HARNN's organic goodness will leave your skin glowing with radiance.



## Soul Reiki Therapy\*

60 MINUTES / THB 3,900++

- SOUL REIKI THERAPY 60 MINUTES

*\*Requires advance reservation.*

The ancient art of reiki originates from Japan, where *rei* means spirit and *ki* denotes energy. With the gentle touch of hands, the reiki practitioner improves the energy flow of your body. Through heat and tingling sensations, reiki therapy clears energy blockages and restores your overall life forces. Let go and allow your body to feel lighter and freer.

# retreats for refined gents



## The Gentleman's Experience

120 MINUTES / THB 5,500++

- FOOT BATH RITUAL
- DEEP TISSUE MASSAGE, 90 MINUTES
- EXPRESS FACIAL TREATMENT, 30 MINUTES  
(CLEANSE, SCRUB, MASK AND MOISTURIZE)

Busy chaps, worry not. This spa experience fulfills all your grooming needs and desires. The journey kick-starts a relaxing foot bath and a deep tissue massage with aromatic oils made of oriental botanicals. The black pepper extract will enhance the massage with a warming effect, melting your stress away and moisturizing your skin. The slow and firm strokes will also increase your blood flow and promote muscle recovery.

With stubbles or not, you deserve bright flawless complexion. To achieve that youthful look, the spa journey continues with a cleansing facial, facial scrub and a clay mask. The latter helps rid excessive oil and tightens your pores. For that radiant touch, we will treat your skin to a nourishing gel made of local water lily extracts and a moisturizing day cream.

# signature body therapies



## Lumpini Fighting Massage

90 MINUTES / THB 4,200 ++

Inspired by the martial art movements of Muay Thai boxers, this pressure point-driven massage helps restore agility and relieves muscle tension. The practitioner will use their knees, elbows, knuckles and thumbs to apply pressure to certain targeted areas to improve your blood circulation. Ease your muscle aches away and enhance your energy flow. The soothing scent of betel leaves in the massage oil will help you unknot blockages, too.

## Lymphatic Drainage Massage

90 MINUTES / THB 4,200++

The light, long and rhythmic strokes of this gentle massage encourages the movement of lymph fluids, blood circulation and energy flow. In turn, it helps you reduce toxins. The all-natural oils will bless your complexion with anti-aging antioxidants and astaxanthin while the relaxing massage movements will relieve your muscle tension. The journey ends with an aromatic body mist to invigorate your body and allow you to wake up with a dewy glow.





# soothing massage therapies



## Siamese Heritage Body Massage

60 MINUTES / THB 2,800++  
90 MINUTES / THB 3,200++

Passed down from a lineage of ancient masters, these stretching techniques boast 2,500 years of history. Let our practitioner stimulate your trigger points the old traditional way with their fingers, elbows and knees. The specific set of unique postures will help you stretch key muscle groups and stimulate internal energy.

## Siamese Aromatic Body Massage

60 MINUTES / THB 3,500++  
90 MINUTES / THB 4,200++

Traditional Thai massage techniques with an aromatic blend of rice bran oil that is rich in vitamin E and gammaoryzanol. This oil massage will allow your body to absorb the natural moisturizing goodness of rice bran and protect your skin from free radicals. The palm pressure on your body and stretching exercises will help you ease tension away and restore agility.



## Oriental Acupressure Therapy

60 MINUTES / THB 3,500++

90 MINUTES / THB 4,200++

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Oriental reflexology focuses on the principle that the body's organs are interconnected by energy channels. This therapy invigorates your trigger points and stimulates the sensitive nerve endings in your body with a set of kneading techniques. Free yourself from the pain in your neck, back and shoulder area and indulge your senses with HARNN's signature essential oil blend. Let us restore your natural energy flow.



## Deep Tissue Massage

60 MINUTES / THB 3,500++

90 MINUTES / THB 4,200++

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Direct and firm finger pressure on your trigger points to untangle those weights off your shoulders. Slow and strong strokes to help you stimulate your body's circulation and increase your serotonin production levels. As serotonin regulates nerve impulses and influences mood, this massage will help you ward off negative energy. With the use of rice bran oil, your skin that benefits from gamma-oryzanol and vitamin E. By the end of this soothing massage, you'll glow and feel as light as a feather.

## Neck Back & Shoulder Massage

30 MINUTES / THB 1,500++

60 MINUTES / THB 2,400++

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Let office syndromes be gone. Loosen up the muscles of your shoulders, neck and back. Wave stiffness goodbye with this massage. The HARNN's natural massage balm will moisturize your skin with shea butter and warm it up with black pepper oil. The latter helps with tension relief and blood circulation. An ideal massage therapy for those with chronic back and shoulder pains.

## Oriental Foot Massage

30 MINUTES / THB 1,500++

60 MINUTES / THB 2,400++

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Unlock the healing powers of water and Chinese reflexology. This treatment focuses on your acupressure points that correspond to specific internal organs. By invigorating the nerve endings that are connected to these muscles and organs, this massage therapy helps alleviate muscle aches, body tension and stress. In turn, it will help you improve your blood circulation and digestive system, too.



# polish me up

## Body Scrubs

45 MINUTES / THB 2,500++

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Organic scrubs help stimulate your blood flow, exfoliate your skin and restore its natural glow. All of the listed scrub treatments target dead skin cells and cellulite. For dewy skin, you will be treated to nourishing skincare products for that extra moisturization.

### ORIENTAL DEEP CLEANSER

Infused with lemongrass and kaffir lime, the sun-dried sea salt scrub will be gently applied to your body in a circular motion. With a blend of rice bran oil and infusion of vitamin E, the body scrub will enrich your skin with moisture and antioxidants.

### ORIENTAL ROSE REJUVENATOR

The organic rose water in this body scrub does the moisturizing while the apricot seeds will act as exfoliating beads to remove your dead skin cells. With the addition of shea butter and coenzyme Q10, the scrub is easy and gentle on the skin.

### TROPICAL DETOXIFIER

A mixture of botanical extracts, sea salt, sugar beads, and ground Arabica coffee beans. Rice bran oil, organic olive oil, and shea butter are added together to create a natural emollient scrub which replenishes moisture and exfoliates without drying the skin.



# wrap me up with bliss

## Body Masks & Wraps

45 MINUTES / THB 2,500++

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### ALOE VERA BODY MASK

With a proven history of healing inflamed skin, aloe vera is rich in antioxidants and amino acids that can rejuvenate tired and dull skin. Redness and irritations be gone as aloe vera helps you reduce acne inflammation. Let us soothe your dry or angry skin.

### SKIN CONTOURING BODY MASK

Caffeine, carnitine and liporeductyl make an effective anti-cellulite potion as it helps reduce water and body fat mass. The use of pro-liposomal technology will perfect the job. The blend of olive oil and shea butter will do the moisturizing for us. You will be able to see results after one session as it instantly tones, firms and contours the body.

### PURIFYING BODY MASK

The seeds of the African guarana fruit provide excellent diuretic properties, eliminating excess fluid and toxins. This purifying body mask from HARNN helps brighten the skin with the essence of glutathione, Arbutin, vitamin C, and linoleic acid. Restores your skin's natural glow.



# facial therapies

## Amaranth Signature Facial Therapy

90 MINUTES/THB 4,500++  
(Cleanse, Scrub, Gemstone Massage, Mask and Moisturize)

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Deep cleansing and exfoliation perfected with a luxurious jade gemstone as an application. This facial massage reduces puffiness, increases blood circulation and improves the lymphatic movements. The scalp massage included will help you melt any tension buildup away. With HARNN's certified organic facial oil, your skin will look dewier as ever.

## Forever Youth Facial Therapy

60 MINUTES/ THB 3,200++  
(Cleanse, Scrub, Massage, Mask and Moisturize)

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Moisturization is the key to anti-aging. Nourish your skin with a hydrating facial mask and improve your blood circulation with a cellular-regenerating massage. It'll relax any tense facial muscles and help prevent pesky fine lines. You'll emerge with supple skin and sharper features.

## Glowing Radiance Facial Therapy

60 MINUTES/ THB 3,200++  
(Cleanse, Scrub, Massage, Mask and Moisturize)

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Clear and flawless skin begins with a deep cleanse. We with an organic scrub that comprises bamboo charcoal as exfoliating beads. Then we treat your skin to a moisturizing mask and a nourishing cream that'll help regenerate and revitalize your glowing complexion.

# children's relaxation therapies

Designed to help children (age 4 and above) relax and prevent hyperactivity, these massage treatments will put them at ease while you enjoy peace of mind yourself. To take care of their baby skin, we'll use a mild and children-friendly virgin coconut oil from HARNN. Natural and moisturizing, coconut is nature's gift to help us prevent skin irritation after all.

## The Happy Beat

60 MINUTES / THB 1,900++

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The journey begins with soothing touches and ends with an exciting rhythmic massage that follows the beats of samba. Not only will this stimulate the little one's blood circulation, but also the body's momentum and mindset. You can rest assured that the use of virgin coconut oil will help nourish their skin and protect them from harmful bacteria, too.

## The Pawfect Joy

60 MINUTES / THB 1,900++

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The fun kick-starts with a foot ritual that bubbles up with the addition of a bath bomb. A relaxing full-body massage will calm the young cub's mind and nourish their baby skin with olive oil. Then your child will be invited to stretch, and practice yoga poses named after animals. It'll help improve their flexibility and start them on their meditation journey young.



# biologique recherche

At Kimpton, we treat everyone differently because we are all unique. Likewise, no two individuals share the exact same skin type. Everyone possesses a slightly different Skin Instant®. That's why Biologique Recherche's skincare products center around authenticity. Let's understand your skin's personality and make adjustments to achieve immediate and lasting results.

## The Gentle Exfoliator

60 MINUTES / THB 2,900++

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The fine exfoliating beads of the organic scrub will help remove dead skin cells and regenerate new ones. We'll then massage and moisturize your skin before we move onto toning and firming. The Lotion P50 Corps will be kneaded into your body for extra hydration, a balanced pH level and oil regulation. You will leave the spa cocoon with softer and brighter looking skin.

## Detoxifying Body Wrap

90 MINUTES / THB 4,900++

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Before the Gel d'Algues body wrap, we'll treat you to an energizing massage to loosen you up for what's to come. It's all about deep cleansing and skin refinement. The marine active ingredients in the body wrap will help purify your body's complexion. The warm temperatures will speed up the process, while the Lotion P50 Corps will moisturize. Your skin will glow with brightness.



# biologique recherche facial treatments



## Hydra Booster Facial

90 MINUTES / THB 5,500++

Aging and lackluster Skin Instants© meet their match. This facial helps reduce wrinkles and fine lines, as well as toning your neck and chest area. By the end of this facial treatment, your dehydrated, sensitive or damaged skin will be forever forgotten. We recommend three sessions in one-week intervals and one session every three months.

## Purifying Facial

60 MINUTES / THB 4,200++

Purify, regulate sebaceous secretions and removes toxins. That's the trick when it comes to excess oils and acne-prone Skin Instants©. The facial is designed to tighten your pores on your face, neck and chest area. Porcelain skin is just one facial away.

## Anti-Pollution Facial

90 MINUTES / THB 5,500++

Effective on all Skin Instants©, this anti-pollution facial will regenerate and revitalize your epidermis. We'll oxygenate your skin cells to restore your skin's natural balance. Not only will it even out your skin tone but it will also smoothen your complexion.



## Radiance Booster Facial

90 MINUTES / THB 5,500 ++

The no-fail recipe to treat keratinized Skin Instants© or skin with an irregular micro-profile is an exfoliation and skin cell regeneration. The rejuvenating facial will nourish your skin and even out your skin tone, too.

## Lift and Tone Facial Treatment

90 MINUTES / THB 5,500++

Indulge in an exfoliating and lifting treatment, which uses a combination of shaping techniques and mature Skin Instants© from Biologique Recherche. Sink into relaxation and wake up with refined and toned skin. Velvety-smooth, from face to neck and chest.

## Whitening Facial Treatment

90 MINUTES / THB 5,500++

Exfoliate and revitalize your skin with this regenerating treatment designed for keratinized Skin Instants©. Skin with an irregular micro-profile will be gone instantly as this facial calms and restore your natural complexion's tone evenly.

# amaranth nail treatments



## An Immaculate Manicure

45 MINUTES / THB 1,500++  
90 MINUTES / THB 1,900++

Keeping your nails neat and healthy is a part of your everyday care. We get you. Try our take on manicure. Nail trimming, shaping, buffing, cuticle removal, hand massages and any nail polish you'd like — you name it. Your nails will boast a lovely sheen.

- The Mini Manicure includes a quick manicure, from nail filing and shaping to buffing. It then ends with a cuticle treatment and a base coat finish.
- The Pamper Me Manicure (O.P.I) includes a hand and foot bath, exfoliation, nail filing, buffing, shaping, a cuticle treatment, a hydrating mask, a hand massage and nail painting.

## The Perfect Pedicure

45 MINUTES / THB 1,500++  
90 MINUTES / THB 1,900++

For those who enjoy wearing sandals or peep-toe heels, you'll want to show off your nails. Treat yourself to a relaxing pedicure and foot massage. Not only will you feel rejuvenated, but you'll also walk away with stellar-looking nails.

- Mini Pedicure includes quick nail filing, shaping and buffing, as well as a cuticle treatment and a base coat finish.
- Pamper Me Pedicure (O.P.I) includes a hand and foot bath, exfoliation, nail filing, buffing, shaping, as well as a cuticle treatment, a hydrating mask, a hand massage and nail painting.

## Pedicure and Manicure

180 MINUTES / THB 3,500++

First, we treat your hands and feet to a warm soak, then we exfoliate before we move onto a cuticle treatment. File, buff, shape — your nails will be in top shape by the time we pamper your skin with a hydrating mask. Relax while we give you a hand massage and paint your nails. Beauty is easy.

## Hammers and Nails

90 MINUTES / THB 2,000++

Grooming for gents is a priority. Period. Enjoy a relaxing foot bath while your hands are treated to a soothing soak. This will prep you for the gentle exfoliation and cuticle treatment. Then we file, buff and shape your nails — both hands and feet. After a quick hydrating mask, you'll be treated to a hand and foot massage, too.

## The Princess Treatment

60 MINUTES / THB 1,200++

Reserved for princesses age 10 or under, this manicure and pedicure combo is made for her royal highness' petite hands and feet. A soothing bath before a gentle exfoliation and then an easy cuticle treatment. Filing, buffing and shaping will be a breeze. And then a hydrating mask to moisturize before the nail painting begins.





# spa etiquette

## Reservations

To make a reservation at the Amaranth by HARNN, please dial extension number 1140 from within the hotel or email us at [spa.kimptonmaalai@ihg.com](mailto:spa.kimptonmaalai@ihg.com). A valid credit card is required to hold your reservation. All prices are quoted in Thai baht and subject to change without prior notice.

## Pre-arrival

Appointments begin promptly at the time scheduled. If you arrive late, your treatment may be shortened depending on availability. This is to ensure that the therapist is on time for the next appointment. It is suggested that you arrive 15 minutes prior to fully enjoy your pre-treatment experience.

## Health Considerations

For your utmost comfort, please kindly advise us upon reservation of any allergies or ailments, especially if you are pregnant or have high blood pressure. Our receptionists will guide you through the treatments that are best suited for your needs. For the best recommendations, kindly complete the spa consultation form. We strongly recommend you to avoid drinking any alcohol before or after any treatment.

## Cancellation

- In-house Guests

Please be advised that we have a four-hour cancellation policy. Cancellations made without a full four-hour prior notice will incur a 50% charge, while cancellations made two hours prior to the scheduled appointment will incur 100% charge. The same applies for no shows.

- External Guests

Please be advised that we have a 24-hour cancellation and rescheduling policy. Cancellations made without a 24-hour prior notice will incur a 50% charge. Cancellations made without a 12-hour notice will incur a 100% charge.

## Children's Policy

Children's relaxation therapies are available for the guests at the minimum age 8-15 with the authorization of the parents.

## Personal Belongings

We recommend that you leave your valuables at home or in your room safety deposit box. The spa cannot be held liable for the loss of personal items.

## Tranquility

Please refrain from making loud noises or using your mobile phones while you are in the spa. Smoking is prohibited in the spa premises.

## Tax and Service Charge

All prices listed do not include tax and service charges and are quoted in Thai baht.



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