

amaranth spa

KIMPTON MAA-LAI BANGKOK

# amaranth spa

KIMPTON MAA-LAI BANGKOK



A concrete jungle with a sprinkle of green hue.  
She's equal part broody, equal part gritty, equal part fabulous: Bangkok.  
How do you find refuge in a City of Angels that never sleeps?  
You open your senses, and you draw breath from our Green Lung,  
propagated to let you oxygenise on purpose. Our nod and homage to Lumpini Park.  
amaranth spa at Kimpton Maa-Lai Bangkok is the body's 'safe house'  
you didn't know you needed, until you did.

Immunity-boosting libations and curated wellness treatments,  
a soundtrack that you are part of, and become an original tapestry.



# wellness treatments



## Time Stops

200 MINUTES, THB 12,000++

A wellness treatment where you have the freedom to tailor your own experience in order to rejuvenate your mind, body, and soul. Our signature package combines three facets: fitness, wellness, and nutrition. A welcome mocktail concoction is served to detoxify, nourish, and boost your immunity. Commit the sin of 'self love', multiple times if you can.

- 
- THE TREATMENT CHOICES: 20 MINUTES  
BIA (bioelectrical impedance analysis) **OR** an aroma bath
  - FITNESS & WELLNESS CHOICES: 60 MINUTES  
A personal training session **OR** a Biologique Recherche's skin analysis and facial treatment
  - 'THE YOU' TAILORED WELLNESS MASSAGE 90 MINUTES  
A massage where the therapists put together techniques catering to your preferences by using a selection of products and application styles.
  - 'THE SPOT' CHOICES: 30 MINUTES  
Focused back and neck massage, head and shoulder massage or foot massage in places you need it.
  - 'YOU ARE WHAT YOU EAT'  
Flexitarian, pescatarian, or lacto-ovo vegetarian meal served at Stock.Room situated on the 5th floor.  
*\*Flexitarian: A flexible alternative to vegetarianism; focusing on fruits, vegetables, whole grains, legumes, and nuts, but you occasionally enjoy meat – kind of the best of all worlds.*  
*\*Pescatarian: Only fish & seafood.*  
*\*Lacto-ovo vegetarian: Excludes meat, poultry, and fish but includes eggs & dairy products.*

Note: Advance booking is required for the 'Time Stops'.



## The David Brent

150 MINUTES, THB 6,900++

A treatment designed to alleviate symptoms caused by 'The Office Syndrome'; from stress and anti-inflammation to relieving pains and unwinding tightness, stimulating better blood flow. Walk a little lighter, decompressing from constant emails, telemarketers and horrible (be honest) bosses.

- |                                |            |
|--------------------------------|------------|
| • WARM HERBAL COMPRESS MASSAGE | 45 MINUTES |
| • DEEP TISSUE MASSAGE          | 90 MINUTES |
| • STRETCHING                   | 15 MINUTES |

## Love You Like You Do (should do)

90 MINUTES, THB 4,900++

120 MINUTES, THB 6,500++

180 MINUTES, THB 8,500++

A sequence of treatments where you can customise your own wellness experiences by selecting your desired treatments as well as the duration of each. This experience can be mixed and matched with several options: scrub, body wrap, facial, massage, and bath. You call the shots, we remove the knots. It's that simple.

# massages



## Nuad Thai

90 MINUTES, THB 3,900++

120 MINUTES, THB 4,900++

Passed down from a lineage of ancient masters, Nuad Thai or traditional Thai massage is listed as a UNESCO 'intangible cultural heritage' treatment. Get stretched, this massage is devised to stimulate your trigger points or 'Jut San Yaan' with the use of fingers, elbows, and knees. The specific array of unique postures will improve blood flow, stretching, as well as stimulate internal energy. This may sound like a sequence from Crouching Tiger Hidden Dragon, you may well be right

All prices are in THB and are subject to 10% service charge and 7% VAT.  
ราคาค่าบริการทั้งหมดมีค่าบริการ 10% และ ค่าภาษีมูลค่าเพิ่ม 7%  
IHG One Rewards privileges cannot be applied for services from amaranth spa.

## The Goldilocks Effect

PAPPA BEAR / DEEP PRESSURE MASSAGE

90 MINUTES, THB 4,800++

120 MINUTES, THB 5,800++

Designed to ease muscle pains, stiffness and tension, our therapists apply the deep pressure on the targeted area; back, neck and shoulder to reduce the tension on the muscles while using aromatic oil and Thai-styled heat balm to overall relax 'the you'. Come in grumpy and leave peachy.



MAMA BEAR / MEDIUM PRESSURE MASSAGE

90 MINUTES, THB 4,500++

120 MINUTES, THB 5,500++

A massage that resembles Swedish massage, using various techniques like long effleurage, gliding and kneading. This massage is intended to promote relaxation by releasing muscle tension and better the blood circulation. Mama know's best.

BABY BEAR / SOFT PRESSURE MASSAGE

90 MINUTES, THB 4,500++

120 MINUTES, THB 5,500++

A soothing, gentle massage that places emphasis on relaxation and sleep enhancement – Are you getting enough sleep or do you need to go down for a nap?



All prices are in THB and are subject to 10% service charge and 7% VAT.  
ราคาค่าบริการทั้งหมดมีค่าบริการ 10% และ ค่าภาษีมูลค่าเพิ่ม 7%  
IHG One Rewards privileges cannot be applied for services from amaranth spa.



# a facial treatment methodology

By Biologique Recherche



## The You Customised Facial Treatment

45 MINUTES, THB 3,500++

60 MINUTES, THB 4,500++

90 MINUTES, THB 6,000++

120 MINUTES, THB 7,500++

---

Pamper yourself and get the best version of you, with this facial treatment designed to give you the result you are looking for. Choose one from a collection of desired 'finishings', including moisturizing, purifying, lifting and toning, brightening, oxygenating, or radiance. The longer the treatment is, the better results on your skin.

## Let's Hear It For The Boys

45 MINUTES, THB 3,500++

60 MINUTES, THB 4,500++

90 MINUTES, THB 6,000++

---

A facial treatment designed specifically for boys, this treatment implements a selection of skincare products by Biologique Recherche targeting wrinkle prevention, skin protection, dark circles reduction and ingrown facial and neck hairs – we can't fix the dad-bod (but love the dad-bod) but we can make your face feel like Henry Golding.



All prices are in THB and are subject to 10% service charge and 7% VAT.

ราคามีขั้นต่ำให้บริการ 10% และ ภาษีมูลค่าเพิ่ม 7%

IHG One Rewards privileges cannot be applied for services from amaranth spa.



# about a boy, about a girl body treatments

By Biologique Recherche

- 45 MINUTES, THB 3,500++
  - 60 MINUTES, THB 4,000++
- Inclusive of complimentary sun-care protection or shimmer lotion
- 90 MINUTES, THB 5,700++
- Inclusive of complimentary mini-facial or express massage

---

Designed by our expert beauticians, our body treatments are customised to meet your exact needs. The longer the treatment, the better you are going to feel. You can choose between the wrap, the scrub, or do it all!

## the children are our future treatments



Designed to help children (age 6 to 14) relax and prevent hyperactivity (we feel you), these treatments will put them at ease while you enjoy peace of mind yourself (gin bar at CRAFT). To take care of their youthful skin, we'll use a mild and children-friendly virgin coconut oil and unscented aromatic oil. Natural and moisturising.

### THE #Retreat

60 MINUTES, THB 1,900++

---

Your little ones need a retreat, too. Give them a downtime with a full-body massage carefully created to provide the ultimate relaxation. It can be a little fun for them as they can choose their own body lotion between flora or fruity. It also gets them off their cell phone or Switch.

### Glow On

90 MINUTES, THB 2,500++

---

Get the glow on for your little ones. Starts with a gentle exfoliator and finishes off with a massage using virgin coconut oil or unscented aromatic oil. 'Glow On' is designed to moisturise and brighten the skin, as well as to promote overall relaxation.

Note: The 'Children's Treatments' are for kids aged between 6-14 years old and must be accompanied by a guardian.





# spa etiquette

## Reservations

To make a reservation at the amaranth spa, please dial extension number 1140 from within the hotel or email us at [spa.kimptonmaalai@ihg.com](mailto:spa.kimptonmaalai@ihg.com). A valid credit card is required to hold your reservation. All prices are quoted in Thai baht and subject to change without prior notice.

## Pre-arrival

Appointments begin promptly at the time scheduled. If you arrive late, your treatment may be shortened depending on availability. This is to ensure that the therapist is on time for the next appointment. It is suggested that you arrive 15 minutes prior to fully enjoy your pre-treatment experience.

## Health Considerations

For your utmost comfort, please kindly advise us upon reservation of any allergies or ailments, especially if you are pregnant or have high blood pressure. Our receptionists will guide you through the treatments that are best suited for your needs. For the best recommendations, kindly complete the spa consultation form. We strongly recommend you to avoid drinking any alcohol before or after any treatment.

## Cancellation

### • In-house Guests

Please be advised that we have a four-hour cancellation policy. Cancellations made without a full four-hour prior notice will incur a 50% charge, while cancellations made two hours prior to the scheduled appointment will incur 100% charge. The same applies for no shows.

### • External Guests

Please be advised that we have a 24-hour cancellation and rescheduling policy. Cancellations made without a 24-hour prior notice will incur a 50% charge. Cancellations made without a 12-hour notice will incur a 100% charge.

## Children's Policy

Children's relaxation therapies are available for the guests at the minimum age 6-14 with the authorization of the parents.

## Personal Belongings

We recommend that you leave your valuables at home or in your room safety deposit box. The spa cannot be held liable for the loss of personal items.

## Tranquility

Please refrain from making loud noises or using your mobile phones while you are in the spa. Smoking is prohibited in the spa premises.

## Tax and Service Charge

All prices listed do not include tax and service charges and are quoted in Thai baht.



# amaranth spa

KIMPTON MAA-LAI BANGKOK

4TH FLOOR, KIMPTON MAA-LAI BANGKOK  
78, SOI TONSON, LUMPINI, PATHUMWAN, BANGKOK 10330 THAILAND  
T +66 2 056 9999 E SPA.KIMPTONMAALAI@IHG.COM  
WWW.KIMPTONMAALAI BANGKOK.COM  @AMARANTHSPA  
OPEN DAILY FROM 10:00 A.M. – 10:00 P.M.