



Wellness
your way.

RESOLUTION READY

Start the year strong and keep that momentum going!
Enjoy 7 free days for every 3 months membership at **THB 18,000+** until March 2026.

SOOTHE NOW, SOOTHE LATER

Treat your muscles to relief that lasts, tailored to your individual needs.

🕒 30 minutes at **THB 1,200+**

🕒 60 minutes at **THB 2,000+**

includes complimentary ONE & ALL S+S Soothe
and Smooth Jelly to continue your recovery at home.

Terms & Conditions:

Above promotion applies for in-house guests and members only.
For external guests, a day pass at **THB 900+** must first be purchased separately.

All prices are in THB and subject to 7% VAT

These offers are valid from January - March 2026

THE GYM is open daily from 6:00 a.m. - 10:00 p.m.
For more information, please call 02 056 9999 or email gym.kimptonmaalai@ihg.com